



St Werburgh's Park Nursery School



Being happy at Nursery

- Develop warm and supportive relationships with adults.
- To settle in to their new environment and begin make decisions about selecting and using resources.
- Be able to ride on a bike/scooter or trike, develop actions that depend on the shoulder pivot.
- To uses two hands on scissors to cut paper, tears paper with two hands.

Vocabulary: naming resources, routines, verbs, learning names of adults and peers



Learn a Nursery Rhyme

- Use one handed tools and equipment, for example; making snips in paper.
- Be prepared to independently try self-help skills e.g. washing hands, changing their clothes, putting on their coats.
 - To develop shoulder pivot: using mops and brushes, engage in Write Dance

Vocabulary: words from Nursery rhymes, words to describe actions



Make something to eat

Learning about making healthy choices in terms of food and drinks.

- Begin to develop awareness of keeping our bodies healthy e.g. brushing our teeth.
- Develop elbow pivot: using smaller brushes, rollers etc. Engage in Dough Disco
- Be able to skip, hop and stand on one leg
- To show some control over scissors to cut materials, tape and paper.

Vocabulary: recipe, cooking utensils, naming parts of our body, healthy choices

Physical Development

Physical activity is vital in children's all-round development, enabling them to pursue happy healthy and active lives. It is crucial that we support children to develop their core strength, stability, balance, spatial awareness, co-ordination and agility. Gross Motor skills help to provide the foundations for developing healthy bodies and social and emotional well-being. Fine motor control and precision helps with hand-eye-co-ordination, which is later linked to early literacy. This will allow children to develop proficiency, control and confidence.



Solve a problem

- Choose the right resources to carry out their own plan.
- Collaborate with others to manage large items e.g, carrying a large plank.
- Develop fine motor skills to make purposeful and controlled marks e.g. write their own names, letters linked to phonics
- To use scissors confidently to cut thicker materials, such as card.

Vocabulary: topic words, predicting, explaining



Tell a story

- Develop fine motor skills to make purposeful and controlled marks, linked to telling familiar stories.
- Make choices about the physical skill they need for the task e.g. should I run, walk crawl across the plank?
- Independently following the whole toileting sequence.
- To hold scissors correctly to cut out desired shape with purpose.

Vocabulary: action words, directional words



Make believe

- Joining in with small groups to make up their own game.
- Develop wrist pivot to make small. more controlled marks with chalk, paint, pens, e.g., recognisable figures.
- Show a preference for a dominant hand and developing a comfortable pen grip.
- To cuts with one hand, using other hand to hold paper or material, moving it around.

Vocabulary: Nip-flip-grip